

# Lord of Life Ministries

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## "The Sabbath"

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The Father wants me to share today on "THE SABBATH". He is visiting His Sons **IN THE REALM OF THE MOST HIGH GOD**, and is requiring that we allow Him to take His rightful place **IN US**. He is getting ready to express His Fullness through a people that allow Him **TO BE THE MOST HIGH GOD IN THEM**, and allow Him to reign Supreme in their lives. He is consuming everything in them that is not like Him.

The Lord doesn't have full reign of your life when you first start out with Him. It takes a lot of ups and downs, and going through the fire to get there. It is a process that each one of us must go through, to bring us into that place of total Oneness with Him where He is in complete control of our life. To a large degree we have entered into that Oneness, but every now and then we want to get back into the driver's seat and do things our way. This is the reason why the Father has put on my heart to speak to you about "the Sabbath", and what it really means.

The Father revealed to us a long time ago that "Christ" is "the Sabbath", and that "the Sabbath" means, "REST". We also know from the Word, that

both "the Sabbath" and "Christ" were made for, and given to man.

Most churches have taught, and operate on the belief that "Sunday" is "the Sabbath"; that "Sunday" is to be a day of rest where you go to church, and the other six days of the week are for working by the sweat of your brow. For this reason many people act very religious one day a week. They go to church on Sunday and act very prim and proper; but the rest of the week they break loose and do whatever "they" want to do.

"The Sabbath" is not a day of the week called "Sunday" - it is every day in Christ! CHRIST IS "THE SABBATH", and every day is to be a day of rest IN HIM!

We know there were three main feasts in the Old Testament. There was the Passover, Pentecost, and the Feast of the Tabernacles. Beginning at Leviticus chapter 23, verse "15", when you study allowing the Holy Spirit to teach you, "the Feast of Tabernacles" is in fact speaking of "the Sabbath".

God often speaks through numbers, and for this reason He has given specific meanings to certain numbers in His Word. With this in mind, it is no coincidence that the first mention of "the Feast of Tabernacles"

begins in verse "15", as the number "15" means "REST". John chapter "15", is another chapter that speaks of rest and abiding in Christ. "Precept upon precept, and line upon line," it all flows together. "If any man has ears to hear, let him hear."

Isaiah 28:9-12 says, "Whom shall He teach knowledge? and whom shall He make to understand doctrine? Them that are weaned from the milk ("For every one that useth milk is unskilful in the Word of Righteousness: for he is a babe. But strong meat (knowledge and understanding) belongeth to them that are of full age (those that have come to maturity in Christ), even those who by reason have their senses exercised to discern both good and evil."), and drawn from the breasts. For precept must be upon precept, precept upon precept; line upon line, line upon line; here a little, and there a little: For with stammering lips and another tongue will He speak to this people. To whom he said, THIS IS THE REST WHEREWITH YE MAY CAUSE THE WEARY TO REST; and THIS IS THE REFRESHING: yet they (that have not been weaned from the religious doctrines of men, and still use the milk of the word to justify their actions) would not hear."

In Leviticus 23, God told Moses that for seven days the people were to do no manner of work (they had to cease from their own labors) and worship (focus totally on) Him. "Seven" means, "Spiritual Perfection". In other words, He was telling them that in order for them to be made perfect in Christ, they first had to cease from their own labors. They had to stop yielding to their soul/self-will, doing their own thing in their own strength, and enter into His Rest. No one was allowed to do any kind of work in the flesh.

In verse 32 it said, "*It shall be unto you a SABBATH of REST, and ye shall AFFLICT your SOULS...*". That word "*afflict*" means: to abase self, chasten self, deal hardly with, humble (self), submit self. In other words, they were to yield their will totally to the Father, and through the blood of the Lamb they were to enter into HIS REST and abide in Him. Everyone had to come and partake of this Feast, and for seven days they were to do nothing but worship and commune with the Father. It was considered the most joyous of all the Feasts.

This Feast is very important, because it is the only feast that every nation will have to come and partake of. Zechariah 14:16 says, "*And it shall come to pass, that EVERY ONE that is left of ALL THE NATIONS which came against Jerusalem shall even go up from year to year to worship the King, the LORD of hosts, and to keep the Feast of Tabernacles.*"

This Feast is a representation of God reconciling all mankind back into that Oneness of the

Father. It involves every man, woman, child, and nation. It is a place where ALL must cease from their own labors and enter into His Rest. It is a place where all will come giving thanks in everything, "*for this is the will (according to the plan) of God in Christ Jesus.*" They will continually be in an attitude of worship and praise. For each one of us it is to become a life style of worship and praise where there is no more murmuring or complaining. Even when it seems that everything is going wrong, and nothing is going our way - nothing but praise, worship, and thanksgiving will be upon our lips. We are to continually remain in an attitude of praise and worship.

1Thessalonians 5:16-18 says, "*REJOICE EVERMORE. PRAY WITHOUT CEASING. IN EVERY THING (no matter what is going on in your life) GIVE THANKS (not just when you feel like it and things are going smoothly for you): FOR THIS IS THE WILL OF GOD IN CHRIST JESUS concerning YOU." "*BY (through) HIM therefore let us OFFER THE SACRIFICE OF PRAISE TO GOD CONTINUALLY, that is, the fruit of our lips GIVING THANKS TO HIS NAME (Hebrews 13:15).*" "*And above ALL THESE THINGS put on Charity (LOVE), WHICH IS THE BOND OF PERFECTNESS. And LET THE PEACE (REST) OF GOD RULE IN YOUR HEARTS, to the which also ye are called in one body; and BE YE THANKFUL. LET THE WORD OF CHRIST DWELL IN YOU RICHLY IN ALL WISDOM (in the mind of Christ); teaching and admonishing one another in psalms and hymns and spiritual**

*songs, singing with grace in your hearts TO THE LORD. And WHATSOEVER (IN EVERYTHING) YE DO IN WORD OR DEED, DO ALL IN THE NAME (NATURE) OF THE LORD JESUS, GIVING THANKS TO GOD AND THE FATHER BY (THROUGH) HIM.* (Colossians 3:14-17)"

As you learn to walk out the Feast of Tabernacles daily in Christ - you will never go out of THE SPIRIT OF GOD/HIS REST. You will not only remain in His Rest, but YOU WILL also BECOME THE SABBATH FOR MAN. This is what God is doing in you and me. He is changing us from within through the renewing of our minds, SO THAT WE WILL BE THE SABBATH/HIS REST in the earth for all mankind to behold and partake of IN HIM. This is what the manifestation of the Sons of God is all about.

God said that the Feast of Tabernacles would be a Feast that all generations down through time would have to keep. However, this Feast has not been kept by man, or His Sons so far. It has been kept at times under the law; but it has not been kept in accordance with what God has shown us in His word.

It was such an important Feast, and even though it was in God's Heart for Israel to enter into His Rest (the Promised Land/the Kingdom of God) in three days, Israel never entered into it because of their unbelief. All they did in the wilderness was murmur and complain. They refused to believe God and take Him at His Word, that He would do all that He had promised them. Because of their unbelief, they died in the wilderness.

Romans 8:5-6 says, *“For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit. For to be carnally minded is death; but to be Spiritually minded IS LIFE AND PEACE (REST).”* *“...flesh and blood cannot inherit the Kingdom of God (‘‘Righteousness, Peace (REST), and Joy in the Holy Spirit’’); neither doth corruption inherit incorruption (1Corinthians 15:50).”* *“Let us labour therefore to ENTER INTO THAT REST, lest any man fall after the same example of unbelief (Hebrews 4:11).”*

Any time you choose to not believe the Father when He says something, your heart hardens towards Him. When you do this you go right into hell in your mind. Then in the midst of the Fire (which is really God Himself), He comes to you with His Love and Mercy, bringing correction to soften your heart and restore you back to the place in Him where you can once again experience His Rest/the Sabbath.

One dictionary’s definition of “REST” says it is: **the refreshing quiet or repose of sleep; relief or freedom from troubles or exertion; to be at ease; to be quiet or still; to rely or depend.** The Webster’s dictionary also says that “REST” means: **cessation of motion or action of any kind, as rest from labor; rest from mental exertion... the mind is at rest, when it ceases to be disturbed or agitated; the sea is never at rest. Hence, a state free from motion or disturbance; a state of reconciliation to God. Peace; Death. A place of quiet; permanent habitation. To cease from labor, work or**

**performance. To be quiet or still; to be undisturbed. To cease from war; to be at peace. To be quiet or tranquil, as the mind; not to be agitated by fear, anxiety or other passion. To lean; to trust; to rely; as, to rest on a man's promise. To continue fixed. To terminate; to come to an end. To abide; to remain with. To be calm or composed in mind; to enjoy peace of conscience. To remain.**

When we are “resting” in God we have Peace in our mind. We have freedom from worry, because we are trusting and relying on Him. Even though there are storms raging around us, our heart is not troubled. No matter what is going on around us, as we learn to abide in His Rest, and walk by Faith and not by sight, we will always experience His calm and refreshing within.

When we started out with the Lord, every now and then we would hear Him say, *“Let not your heart be troubled.”* And yet, almost every time we would go before Him to commune with Him, we would start out by telling Him all our problems and our list of what we wanted Him to do. How many Christians, and even His own Sons still do this? God already knows what we are going through, and He is trying to get us to take our eyes off of our problems, go within where He is, and focus on Him! He wants us to enter into that Rest in Him and never go out again. He wants us to walk by Faith and not by sight, to believe what He has told us, and REST/TRUST IN HIM! This is why it says that, *“IN EVERY THING GIVE THANKS.”*

**OUR FOCUS IS TO BE ON HIM!**

Jesus sat down with His disciples and said that, *“When ye pray, say, Our Father which art in heaven, Hallowed be thy name.”* In other words, when you come before the Father to commune with Him, recognize Him FIRST! Enter in with PRAISE and THANKSGIVING in your hearts, not with your list of problems and needs. FOCUS ON HIM! He already knows better than you do as to what you have need of. *“Wherefore, if God so clothe the grass of the field, which today is, and to morrow is cast into the oven, SHALL He not much more clothe you, O ye of little faith? Therefore take no thought (Do not enter into Fear, Doubt, and Unbelief. Do not become one with any thought that would cause you not to believe that God will do all that He has told you. Do not murmur and complain as Israel did), saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? (For after all these things do the Gentiles seek;) for YOUR HEAVENLY FATHER KNOWETH THAT YE HAVE NEED OF THESE THINGS. But SEEK YE FIRST THE KINGDOM OF GOD, AND HIS RIGHTEOUSNESS; and ALL THESE THINGS shall be added unto you. TAKE therefore NO THOUGHT for the morrow (DON’T WORRY): for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.”*

Jesus was saying that we are to come before the Father with worship and praise recognizing Him. However, far too often we worship our thoughts, and

problems more than we God. When we do this, our mind becomes clouded and distracted. It keeps our focus off of God and from seeing Him as He is.

As you mature in Him, you learn that when your heart is troubled about something, you need to start worshiping the Lord. When you do this, a refreshing takes place within you. The refreshing comes from the Father within, and it causes those thoughts to be scattered. Your mind becomes still again as you are refreshed by His Presence.

The ONLY WAY for our soul to settle down and come out of a state of unrest, IS FOR US TO GO WITHIN AND WORSHIP THE LORD. This will bring you back into His Rest where you can be refreshed. Maybe your problem didn't go away. Maybe nothing changed in your circumstances, but what changed was your outlook and attitude toward the problem.

We are learning to put the Feast of Tabernacles into practice in our life every day. Since God first tabernacled Himself WITHIN YOU, you have been learning to let the Feast of Tabernacles become part of your life. It must become a lifestyle of Worship and Praise, a Love affair with the Lord God Almighty and the Lamb. This is how you enter into and BECOME the Sabbath/His Rest. It is a change of Nature where you are so caught up in Him, that all you and creation will ever see again, is the Fullness of the Father coming forth and being manifest through you. It is all about coming into a place in Him where you cease from your labors, He totally swallows up your

soul/self-will, and all that remains is the Nature and Glory of God. This is what abiding and being hid in Him truly means.

The purpose in God having Israel to come and celebrate this Feast for seven days, was to set them free and perfect their souls. They were not to think about family, money problems, jobs or anything in their every day life. When thoughts of worry, etc., begin to take over your mind, it is because you are bowing down and worshiping those thoughts in your mind. You are in fact presenting yourself a living sacrifice to them, rather than to God which is your reasonable service.

When we do this, it is because we have left the Feast of Tabernacles in our mind, and have lost sight of God. Our soul walks out of the Rest of God and into doubt and unbelief. We are tossed to and fro in a sea of thoughts and emotions that cause nothing but anxiety and unhappiness. We lose our Peace and Joy. Our soul wanders about seeking to find Rest, but can find none until it returns to the Feast of Tabernacles in the Presence of the Father, and begins to worship Him again. Your soul is literally in hell during these times, but the Father also uses these hells to bring correction and cause you to go deeper in Him!

In Psalms 16:10-11 it says, *"For thou wilt not leave my soul in hell; neither wilt thou suffer thine Holy One to see corruption. THOU WILT SHEW ME THE PATH OF LIFE; IN THY PRESENCE IS FULLNESS OF JOY; AT THY RIGHT HAND THERE ARE PLEASURES FOR EVERMORE."* When we learn to

walk in His Presence/Life and continue to worship Him, we experience the fulfillment of His Joy in us.

In John 15 Jesus is talking about the importance of abiding in Him, and in verse 11 He says, *"These things have I spoken unto you, that MY (HIS) JOY MIGHT REMAIN IN YOU, and THAT YOUR JOY MIGHT BE FULL."* He is talking about coming into that place of ONENESS IN HIM where we enter in and go out no more. This has been in the plan of the Father from the foundation of the world. This was the JOY (HIS JOY) that was set before Him when He endured the cross. He saw the FULLNESS OF THE FATHER'S JOY IN US, as well as you and I abiding/tabernacling/dwelling in the FULLNESS OF HIS PRESENCE/LOVE/REST/JOY for evermore. **He saw you BECOME HIS JOY, HIS REST, HIS CHRIST, HIS SABBATH AS YOU BECAME ONE WITH HIM! HE saw you BECOME ALL THAT HE IS - MANIFESTING NOTHING BUT THE FATHER TO CREATION! HE SAW YOU AS TOTALLY HIS! HE SAW A PEOPLE THAT WERE FAITHFUL AND TRUE, THAT HAD ALLOWED HIM TO CONSUME EVERYTHING IN THEM THAT WAS NOT LIKE HIM. A PEOPLE THAT WOULD ALLOW HIM TO NOT ONLY EXPRESS HIS FULLNESS THROUGH THEM, BUT TO BE THE MOST HIGH GOD IN THEM!**

As you abide in Him and celebrate the Feast of Tabernacles (which is the Sabbath) every day in your life, the Fullness of HIS JOY will fill your life.

That means that you will be at ease in your mind. Webster's definition said that "REST" also means to "DEATH". In the past, after someone has died (in the natural), people have said that, "they have laid them to rest". We do not have to wait until we are physically dead, but we can be laid to rest in Christ now by being dead to self (our self-will). When we allow our self-will to take over, we come out of the rest of God, and by doing so we have polluted the Sabbath.

What does that mean: "to pollute the Sabbath"? Going back to Webster's for a moment - it said that to rest means, "to be quiet and still". I have learned that whenever my mind becomes cluttered with many thoughts, I need to get quiet or still my mind, and go within - into the Presence of the Father. Thoughts can ruffle your feathers, but we are called to take on an attitude of Worship and Praise. We are to enjoy this Feast with our Father every day. Every morning when you wake up you are to walk in the attitude and understanding that, "***This is the Day that the Lord hath made; I will rejoice and be glad in it.***" This Day is His Day - it is the Sabbath!

It is a day whereby God wants to be FIRST in your life. He wants to be supreme in every area of your life, and for you to recognize Him IN EVERYTHING! From the second you wake up in the morning to the time you go to bed, and everything in between, you are to Celebrate HIM!

The soul might say, "No, I don't feel like praising God right now. I'm going through too much. There is no way that I am

going to say that this is the day that the Lord has made, I will rejoice and be glad in it. No one understands what I am going through. Boo-Hoo-Hoo! Poor me!" A long time ago I used to have pity parties like that. It took a long time for the Lord to get me out of self-pity parties. When you get right down to it, it's not really much of a party, because I found that no one wanted to be around me when I got like that. No one wants to hang out with you when you feel depressed and sorry for yourself. It was really a lonely party. You need to remember that the self-will is the carnal mind, and it says that, "*it is an enmity against God*". It refuses to obey the Word of God; and when you yield to those thoughts, your soul takes you right into hell where you are miserable every time.

The good news is you don't have to stay depressed and in hell in your mind. God has given you the keys to get out of hell, and you don't have to dwell there. You have a choice! You can choose to believe God and enter into His Presence with the attitude of I will, "***Enter into His gates with THANKSGIVING, and into His courts with PRAISE: BE THANKFUL unto Him, and bless His Name. For the LORD is Good; His Mercy is everlasting; and His Truth endureth to ALL generations***", and find REST for your soul - or - you can choose to walk in doubt and unbelief and remain in hell.

Even though Israel experienced a type and shadow of what you and I have experienced in and through Christ - they never entered into His Rest because of the unbelief that ruled in their hearts.

Everything they experienced in the wilderness and tabernacle was to point them to the Christ (Sabbath), and the experiences that they were to have in Him.

They experienced a type of water Baptism. They also experienced a type of Baptism of the Holy Spirit and were led by the Spirit through the wilderness. Just like you and I, they too were given manna from Heaven to feed upon (the Bread of Life/Word and the Spirit), but they refused to let it become part of them. They would come to the Table of the Lord and feast upon His Word, but then they would rise up and play (behave) as little children. They refused to accept responsibility for what God had given them. They refused to walk by Faith and apply it to their walks. They refused to submit their will to the Father and allow Him to rule and reign in their lives.

Instead, they chose to walk in the realm of appearances according to their five senses and carnal reasoning. They continually allowed the woman (their soul/self-will) to rule over them - always murmuring and complaining in unbelief. They murmured and complained all the time was because they were in hell in their minds. They had no rest in their minds, because they never grew up (matured Spiritually). They wandered here and there. They were led of the Spirit naturally by the Cloud and Pillar of Fire, but they were also continually driven in their minds by the self-will in unbelief. Even with all that had been given to them, and done for them, they could not enter into the Promised Land/the Kingdom of God/the

Sabbath/His Rest, because they refused to believe what God told them.

I like what Isaiah 58:11-14 says. It says, *"The Lord shall guide thee continually..."*. This also means that we need HIS GUIDANCE every day in our lives. He said that He will guide us continually, however, IN FAITH we also need to take Him at His Word, trust and believe what He says, and yield our will to Him!

Sometimes God will tell you things that (to your natural mind) seem to make no sense at all. However, we are to walk in obedience by Faith, rather than by *"what seemeth right"* or makes sense. Father knows exactly what He is doing, and we need to trust Him in everything. To give you an example of this: one day I was very busy at home and the Lord spoke to me and said, "Stop what you are doing and go to the Price Club." I went, but when I got there I realized that I didn't have my Price Club Card with me and had to stand in long line to get a temporary one. After finally getting my card I walked around for a long time, then said within myself, "God there is nothing here." After some more time had gone by the thought came to mind to go and get a hot dog. Well I no sooner sat down to eat, and a woman came and sat down next to me. She was the reason God had sent me there, and we spent two full hours ministering to her. God wanted to reach out to her, and this was how, where, and when He chose to do so.

You may not always know why God is leading you in a particular direction, but He wants to lead and guide you just the

same. Every day He desires for you to commune and walk in Oneness with Him. We are to walk in the mind of Christ daily, that He might put His thoughts in our mind and lead us in the way that we are to go. Jesus is the Pattern Son, and He said in John 6:38-39, *"For I came down from heaven, not to do mine own will, but the will of Him that sent Me. And this is the Father's will which hath sent me, that of all which he hath given Me I should lose nothing, but should raise it up again at the last day."*

Isaiah 58:11 said, He will *"satisfy thy soul in drought, and make fat thy bones: and THOU SHALT BE like a WATERED GARDEN (Full of Life), and like A SPRING OF WATER; WHOSE WATERS FAIL NOT."*

Within your relationship with Christ, the waters never fail. Jesus said that *"out of your belly (from within you) shall flow (not as a result of your own labors or by the sweat of your brow, but rather from within His Rest/the Christ in you, SHALL FLOW) Rivers of Living Water (RESURRECTION LIFE)." For "Whosoever drinketh (partakes) of the Water (RESURRECTION LIFE) that I shall give him shall never thirst (because His "waters fail not"); but the Water that I shall give him SHALL BE IN HIM A WELL (spring) OF WATER SPRINGING UP INTO EVERLASTING LIFE."* There is always water/Life springing up from within individuals who are allowing God to continually guide them, because they are continually walking in the mind of Christ. Their *"meat is to do the will of Him that sent them, and to finish his work."* *"For they came down from heaven, not to*

*do their own will, but the will of Him that sent them. And this is the Father's will which hath sent them, that of all which he hath given them, they should lose nothing, but should raise it up again at the last day."*

In Isaiah it 58:12 it says, *"And THEY THAT SHALL BE OF THEE shall build the old waste places: Thou shalt raise up (minister Life to and resurrect) the foundations of many generations."* These are a people who are not only continually allowing God to guide them, but He is working (flowing as Waters of EVERLASTING LIFE) through them, to both restore and resurrect from the very foundations of the world many generations, reconciling them back to the Father.

It goes on to say that, *"...and thou shalt be called, The Repairer of the breach, The Restorer of paths to dwell in."* Why are they being called this? The reason they are being called this is because they are a people who have not only entered into His Rest, but they have become His Rest. When people look at them all they see is the Nature of the Father being manifested and working through them. They have ceased from their own labors, and their sole purpose is to do the will of the Father - to restore and reconcile all creation back to Him! They are repairers of the breach that has kept mankind from experiencing the Love, Righteousness, Peace, and Joy of God!

The whole world is full of restless people who are tossed to and fro within the sea of humanity. They are tossed by the thoughts within their own minds, worried about this and that -

always living in fear; always driven in their minds; and never finding rest for their souls. They have put their trust in the things of this world - in the stock markets, their jobs, credit cards, money, relationships, religions, false gods, teachings and beliefs - never finding rest, and always searching for something else to replace the emptiness within.

Mankind is searching for something that is real and that lasts. They are looking for someone to SHOW THEM THE WAY (back to the Father, whether they realize it or not). They are searching for something that will bring them Peace and Joy, Love and Hope - but they have been searching in all the wrong places. Rather than learning to go within where He is, in ignorance (darkness) have they (unknowingly) searched for Him in the realm of appearances.

In the Song of Solomon, the Shulamite woman did the same thing at first. She searched for her Beloved in the night (in darkness and ignorance) running here and running there. She was driven in her mind, never finding rest for her soul. She did everything in her own strength, constantly searching in the broad ways (which leads to destruction in the realm of appearances). When she couldn't find Him on her own, she turned to other people, asking them, "Have you seen Him? Have you seen my Beloved?" She even sought for Him in religion turning to the watchmen in the church, "Have you seen my Beloved? Do you have any new revelations or teachings that will help me find Him? Can you show me the Way?" The thoughts in her own

mind blinded her to the truth of where He was, and kept her from experiencing His Peace and Love. However, as soon as she got quiet in her mind and separated herself from them (the thoughts in her mind, the cares of this world, and the voices in the land) she found Him within His Garden. He had called her His Garden. While she was searching to find Him (Peace and Love) in the world, He had been within her the whole time.

Many Christians are the same way, and in reality no different than the people in the world. Their eyes are constantly fixed on not only their own problems, but on what is going on around them in the world. They watch the news and hear of wars and rumors of wars. They see the stock markets going up and down. They see (and hear of) earthquakes, floods, droughts, volcanoes erupting, mud slides, fires, diseases, pestilens, breaking out all over the earth. They see the morals of society continually declining. They see the young people of this world turning to gangs, violence, drugs, murder, and even suicide at an astonishing rate. They see gross darkness covering the earth, and they are worried sick with fear.

People in the world, as well as the religious systems are in hell in their minds. They are tormented day and night, unable to find rest for their souls because they do not have the slightest inkling as to what the Feast of the Tabernacles is all about. They do not understand that there is a Rest in God that awaits them, "IF" only they would believe God, cease from their own labors, and enter into that Oneness with Him!

Throughout the Word of God there are many "IF(s)", and when you see an "IF", it is because it is conditional upon something that God requires from you as well. It is a conditional walk that we have with Christ - not a free ride where anything goes. You are both responsible and accountable for what you know.

In Isaiah 58:13 God says, "IF (WHAT - what is the required of you?) THOU TURN AWAY THY FOOT from the Sabbath (the Christ/the Feast of Tabernacles and stop), FROM DOING THY PLEASURE on My Holy Day (Jesus said, "IF ye Love Me, keep My commandments", and "IF ye keep my commandments, (THEN) ye shall abide in My Love; even as I have kept my Father's commandments, and abide in His Love); AND CALL THE SABBATH A DELIGHT...".

This is a condition that God has given each one of us. He is saying that, "EVERY DAY IS THE SABBATH, AND EVERY DAY WE ARE TO KEEP HIS COMMANDMENTS BY TURNING AWAY FROM DOING OUR OWN THING/OUR OWN WILL/OUR OWN PLEASURE, BY ENTERING INTO THE FEAST OF TABERNACLES AND ABIDING IN HIM."

"...and call the Sabbath a delight... (meaning, the attitude of your heart must become such that it is a delight for you to allow God to be in control of your life. It has become a delight for you to celebrate the Feast of Tabernacles in your life every day. It has become a delight for you to begin your day with Worship, and allow Him to lead and guide you continually...)"

"...the Holy of the LORD, Honourable; and shalt honour Him, (BY TAKING UP YOUR CROSS, DENYING SELF, AND FOLLOWING HIM) NOT DOING THINE OWN WAYS, NOR FINDING THINE OWN PLEASURE, NOR SPEAKING THINE OWN WORDS:"

How you keep the Sabbath is by NOT "DOING YOUR OWN WAYS" and by NOT "DOING YOUR OWN PLEASURES" and by NOT "SPEAKING YOUR OWN WORDS. An example of this would be: do you still go down into your soul and wallow in your feelings and emotions - or - do you rise above your situations and Praise God, Give Thanks to God, Worship and Commune with God no matter what is going in your life and around you?

Sometimes Christians make a habit of getting on the soul train, but then they find it hard to get off later. We need to get on the Glory train that leads to the Father. God has been trying to pull us out of our souls (the soulish realm of appearances and emotions), and bring us up into a higher realm in Him where we will no longer walk in our feelings and emotions, but we will walk in the Sabbath/His Rest 24 hours a day, and never go out again.

In Isaiah it says that we are to honor Him by "not doing thine own ways, NOR FINDING THINE OWN PLEASURE, NOR SPEAKING THINE OWN WORDS."

Whenever you tell God, "I don't want to do what You want me to do today God. I've got other plans" - then you have just polluted the Sabbath by yielding

to your flesh. The soul doesn't want to yield to the Christ, it wants to be pampered. The soul constantly pulls on you to entertain the flesh.

I know from personal experience that there have been times when I have been very sick in my body, and I would hear my soul say, "Lay down and stay home. Don't go to the meeting today." But I would also hear the Christ say, "Get up and go." As soon as I obeyed and went, I would always start feeling better. Faith is yielding to the Word and walking it out.

God is trying to tell you that your soul is not to dictate to you any more. You have enough Word, Knowledge, and Understanding in you, to recognize when your soul is trying to seduce you in your mind; and when you have taken over the reins instead of yielding to God. You know it, because you lose your Peace and Joy. Whenever you do your own ways, seek to find your own pleasure, and speak your own words, you are never happy. You cannot find any Rest/Peace until you turn away your foot (REPENT) and yield to God again.

I do not know why He chose you over someone else. When I first started out in God I used to say, "God why don't you deal with my friends, or deal with my family? I mean, look at what they are doing. They're going here and going there; and you're telling me that I can't go, because you want me to go and do this over there. It is not fair." He said, "It's because I have called you and chosen you for Myself." Can you picture Jesus saying to the Father, "But

Father, I want to go fishing with the boys"? Peter did this, and we have all done this, but Jesus only did what He saw the Father doing, and what the Father instructed Him to do.

Jesus told Peter that he would deny Him three times. Peter insisted that he would never deny Jesus, but then turned around and did it anyway. You and I have also betrayed the Lord many times. We betray Him and deny Him each and every time we choose not to obey Him. Fortunately our Father is both forgiving and patient with us. He knows that our souls have been through a great many things. He knows that it takes time to heal the hurts of the past; to deal with the fears and little children that remain in us; and to bring us to the place where we will trust and yield our will to Him completely.

Even after Jesus had resurrected from the dead and showed Himself to His disciples several times, Peter denied Jesus once again by doing what he wanted to do, rather than allow the Holy Spirit to continually guide him. It says in John 21:2-3 that, "There were together Simon Peter, and Thomas called Didymus, and Nathanael of Cana in Galilee, and the sons of Zebedee, and two other of his disciples. Simon Peter saith unto them, I go a fishing. They say unto him, We also go with thee. They went forth, and entered into a ship immediately; and that night they caught nothing."

Peter never asked God if He could go fishing, he just said that he was going. In other words, Peter was going to do what he wanted to do, for his own pleasure, and spoke his own

words declaring his intentions to do so. As a Christian you can take a lot of people with you. When you disobey the Lord you can be a bad influence and cause others to stumble as well. None of the other disciples asked God if they could go fishing either. They just followed after Peter's example, spoke their own words and said, "We'll go with you." You see we affect one another's walk. If I were to disobey the Lord, then someone could easily say, "Well Sister Joyce is doing it, so I can do it too."

They went fishing that night and they caught nothing. They were fishing in the "night", which meant they were doing it in their own strength in darkness/ignorance/outside of the Light/leading of the Holy Spirit. Whenever you are not being led of the Spirit it's non-productive. There's no Life in it. There's no Peace or Joy in it either. It's just dull and boring.

Isaiah 58 said that, "**IF** you do these things, and *"honour Him (by) not doing your own ways, nor finding your own pleasures, nor speaking your own words: **THEN** shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it."* He is saying, "**IF**" you will deny yourself, cease from your own labors, and honor Me, "**THEN**" you will experience My Peace and Joy and Blessings. However, IF YOU DO NOT, then you have just polluted the Sabbath with your own flesh, and the flesh cannot receive the things of God.

"**IF**" you do these things, He said, "*I will cause thee to ride upon the high places of the earth.*" In other words, you will walk in a higher realm. You will walk in the realm of the Spirit, in His Rest and no longer be tormented by the thoughts that are in the lower earthly plane. He said, "**...and FEED THEE WITH THE HERITAGE OF JACOB THY FATHER: FOR THE MOUTH OF THE LORD HATH SPOKEN IT.**"

We are to walk by Faith and NOT by sight, and KNOW THAT GOD WILL DO ALL THAT HE HAS BOTH SPOKEN AND PROMISED US! He has promised to feed us, cloth us, provide shelter for us. He has promised to meet ALL OF OUR NEEDS, but in doing so He has also required something of us in return.

In Matthew 6:31-34 Jesus said, "**Therefore take no THOUGHT** (Don't enter into Worry, Fear, Doubt, and Unbelief. DO NOT DECEND INTO THE LOWER PARTS OF THE EARTH IN YOUR MIND SEEKING TO SATISFY YOUR SOUL. DO NOT ENTERTAIN ANY THOUGHT THAT WOULD CAUSE YOU TO QUESTION WHAT GOD HAS SAID HE WOULD DO), **SAYING** (murmuring and complaining in unbelief), *What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? (For after all these things do the Gentiles seek:)* **FOR YOUR HEAVENLY FATHER KNOWETH THAT YE HAVE NEED OF THESE THINGS. BUT (here is what I require of you) SEEK YE FIRST THE KINGDOM OF GOD, AND HIS RIGHTEOUSNESS** (in other words, "**If thou turn away thy foot...from doing thy pleasure on My**

*Holy Day (which is every day, and allow me to guide you continually); and call the Sabbath a delight, the Holy of the LORD, Honourable; and shalt honour Him, (by) **not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words**); and (**...THEN**) **all these things shall be added unto you** (just as I promised to Jacob, "**FOR THE MOUTH OF THE LORD HATH SPOKEN IT.**")"*

It goes on to say in Matthew 7:34, "**TAKE therefore NO THOUGHT FOR THE MORROW** (tomorrow): **for the morrow shall take thought for the things OF ITSELF...**". The reason it says, "take no thought for tomorrow" is because the moment you do, you walk out of the Spirit and into the realm of time and the carnal mind (self-will). It says, "**for tomorrow** (in the realm of time and appearances, the soul/self-will) **shall take thought FOR ITSELF.**" When you find yourself focussed on tomorrow, worrying about something that hasn't even happened yet, that's the carnal mind in operation. The carnal mind always wants to try and reason things out rather than trust God.

Now sometimes God will take you into the future in your thoughts, but that is very different. To give you an example of this: He might show you that He wants you to go somewhere, and that you need to make certain preparations for the trip. If He does this, He does not want you to worry about it, because when He is in it, He will also cause everything to fall into place.

In Matthew 11:28-30 Jesus said, "**Come unto me, all ye that labour and are heavy laden**

(weighted down), *and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy* (Peace and Rest in the mind), *and my burden is light* (Wisdom and Understanding)."

When Jesus first spoke these Words, He was speaking to a people who their whole lives had only known the burden of trying to do the do's and don'ts within the Law of Moses. No matter how religious these people were, they

Even today, if you look at those who are under religion, endeavoring in their own strength to keep the Law of Moses, you can see the weights and burdens of their labors upon their face. When you look at their countenance there is no Life or Joy in them. They go to church out of obligation, always trying to earn God's grace, rather than accept it and delight themselves in Him.

Hebrews 4:9-10 says, "*There*

relationship with Me. Come and be One with Me and/in My Father. *It is Finished...I am the Way, the Truth, and the Life, and no man cometh unto the Father but by (through) Me...For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast.*"

(To be continued in Part 2...)

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had never found rest for their souls. He was telling them that His yoke was easier and lighter than the yoke of Moses, and that no matter how hard they tried in the flesh to fulfill the law, they could never earn the Rest that He desired for them to come into and know personally.

*remaineth therefore a Rest to the people of God* (that they have yet to experience). *For he that is entered into HIS REST* (for His yoke is easy, and His burden is Light), *he also hath ceased from his own works* (in the flesh)." Jesus said, "*take My yoke upon you, and LEARN OF ME.*" In other words, "Come and get to know Me. Come and have a